Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Are you a Visual, Auditory, or Kinesthetic Learner?????**

1. Complete the following surveys:
2. <http://people.usd.edu/~bwjames/tut/learning-style/stylest.html>
3. <http://homeworktips.about.com/library/quizzes/bl_lstylequiz1.htm>
4. Complete the following table:

|  |  |
| --- | --- |
| FIRST LINK – A) | SECOND LINK – B) |
| Number of A’s (visual): \_\_\_\_\_\_\_  Number of B’s (auditory): \_\_\_\_\_\_\_  Number of C’s (kinesthetic): \_\_\_\_\_\_\_ | Copy and paste the paragraph of your results here: |

Strongest learning style: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Second strongest learning style: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Third strongest learning style: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. After you have completed the survey I would like you to write **at least** 5 sentences describing your learning style. The first sentence should include your score and strongest learning style (tell me the words to go with your score). The other 4 **or more** sentences should be a summary about the patterns that are strongest in your brain. Write about the strengths you can relate to the most. Then tell me about different ways you can study that will benefit you as a visual, auditory, or kinesthetic learner. Use the information on the next pages to help you complete the paragraph.

**Three Different Learning Styles**

You may have a visual learning style. You learn by seeing and looking.

|  |
| --- |
| Visual Learners |

* take numerous detailed notes
* tend to sit in the front
* are usually neat and clean
* often close their eyes to visualize or remember something
* find something to watch if they are bored
* like to see what they are learning
* benefit from illustrations and presentations that use color
* are attracted to written or spoken language rich in imagery
* prefer stimuli to be isolated from auditory and kinesthetic distraction
* find passive surroundings ideal

You may have an auditory learning style. You learn by hearing and listening.

|  |
| --- |
| Auditory Learners |

* sit where they can hear but needn't pay attention to what is happening in front
* may not coordinate colors or clothes, but can explain why they are wearing what they are wearing and why
* hum or talk to themselves or others when bored
* acquire knowledge by reading aloud
* remember by verbalizing lessons to themselves (if they don't they have difficulty reading maps or diagrams or handling conceptual assignments like mathematics).

You may have a kinesthetic learning style. You learn by touching and doing.

|  |
| --- |
| Kinesthetic Learners |

* need to be active and take frequent breaks
* speak with their hands and with gestures
* remember what was done, but have difficulty recalling what was said or seen
* find reasons to tinker or move when bored
* rely on what they can directly experience or perform
* activities such as cooking, construction, engineering and art help them perceive and learn
* enjoy field trips and tasks that involve manipulating materials
* sit near the door or someplace else where they can easily get up and move around
* are uncomfortable in classrooms where they lack opportunities for hands-on experience
* communicate by touching and appreciate physically expressed encouragement, such as a pat on the back

**Study Tips**

Visual Learners

* Draw a map of events in history or draw scientific process.
* Make outlines of everything!
* Copy what's on the board.

**Best Test Type for Visual Learners:**

Diagramming, reading [maps](http://homeworktips.about.com/od/schooltests/ss/How-To-Study-For-A-Map-Quiz.htm), essays   
(if you've studied using an outline), showing a process

**Worst test type:**

Listen and respond tests

* Ask the teacher to diagram.
* Diagram sentences!
* Take notes, make lists.
* Watch videos.
* Color code words, [research notes](http://homeworktips.about.com/od/paperassignments/a/researchnotes.htm).
* Outline reading.
* Use flashcards.
* Use highlighters, circle words, underline.

Auditory Learners

* Using word association to remember facts and lines.
* Recording lectures.

**Worst test type:**

Reading passages and writing answers about them in a timed test.

**Best test type:**

Auditory Learners are good at writing responses to lectures they've heard. They're also good at oral exams.

* Watching videos.
* Repeating facts with eyes closed.
* Participating in group discussions.
* Using audiotapes for language practice.
* Taping notes after writing them.

Kinesthetic Learners

* Studying in short blocks.
* Taking lab classes.
* Role playing.

**Worst Test Type:**

Long tests, essays.

**Best Test Type:**

Short definitions, fill-ins, multiple choice.

* Taking field trips, visiting museums.
* Studying with others.
* Using memory games.
* Using flash cards to memorize.